

**Sedona Community Pool**  
**570 Posse Ground Road, Sedona AZ 86336**  
**928-282-0112**

**Summer Schedule**  
**May 29-August 8, 2010**

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 a.m. to 9:00 a.m.		Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	
			(pool closed to the public)				
9:00 a.m.	Lap swim (9-11)	Aerobics & Lap swim	Aerobics & Lap swim	Aerobics & Lap swim	Aerobics & Lap swim	CLOSED	Aerobics & Lap swim
10:00 a.m.		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
		Three 30 minute sessions from (10am-11:30am)					
11:00 a.m.	Rec swim (11-4:30)	Lap swim	Lap swim	Lap swim	Lap swim		
		Swim laps during lunch hour (11:30am-1pm)					
1:00 p.m.		Rec swim (1-4:30)	Rec swim (1-4:30)	Rec swim (1-4:30)	Rec swim (1-4:30)		
5:00 p.m.		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
		Two 30 minute sessions from (5pm-6pm)					
6:00 p.m.		Masters swim	Aerobics & Lap swim	Aerobics & Lap swim	Aerobics & Lap swim		

**Aerobics** Instructor run, low impact, cardiovascular exercise. Shallow and deep water classes available depending on day/time.

**Lap swim** Adult lap swim. All four lanes available unless held consecutively with aerobics in which case only two lanes available.

**Masters swim** Masters swim is organized instruction on stroke techniques.

**Rec swim** No lap lanes. Entire pool is dedicated to all ages playing in the water. Children must be accompanied by and adult.

**Swim Lessons** 30 minute instructed sessions of lessons. Must be registered for classes. Pool closed to all other activities at this time.

Admission Fees	Children (0-2) Free	Children (3-17) \$2	Adults \$3	Seniors (55+) \$2	Aerobics	Masters swim	Swim Lessons
		\$45, 30-visit pass	\$75, 30-visit pass	\$45, 30-visit pass	\$5 daily fee or	\$5 daily fee	\$35 session fee
					\$40, 10-visit pass		\$15 private lesson
					\$80, 20-visit pass		